



SUCCESSSES FROM OUR GROUPS

Between the groups, you have raised over £300 towards materials which is absolutely amazing! Massive well done!

Huge thank you to Mike and Di from our Art Class for taking some of our creations to their fundraising stall at Litton Wakes

Mindscapes were invited to exhibit their work in the Wellbeing Hub at Chesterfield Royal and have been asked to provide permanent pieces which is fantastic news.

Our Hub Community Signposting team have had brilliant feedback from lots of people from different community spaces and settings about how helpful their information tools are shaping up to be! It's wonderful!

EVENTS

Chesterfield Foodbanks Q & A (already happened)

Huge thank you to Jacqs who joined us from Chesterfield Foodbank on Tuesday 30th July. It was a brilliant opportunity to find out who they can help, and how we can help too. For anyone who couldn't make it but would like to find out more, do visit their website: <https://chesterfield.foodbank.org.uk/>

Community Development Chesterfield from the Cosy Hub, Q& A workshop, 6th August 2024

Come and find out what's happening at the Cosy Hub, and about the work by Community Development Chesterfield! 1.30 -2.30pm!

Bollywood Dance Class, 1.30 -2.45pm, Tuesday 20th August 2024

We have another opportunity to try Bollywood Dance! You can stand or stay seated and take it at your own pace! Just bring your enthusiasm and lets share the joy of moving to lively music together!

First Aid Training, 1.30 -3pm, 10th September 2024

Mindscapes have been approached to receive some free First Aid training and have offered to hold it in the Hub in order to share the remaining places with interested people. Places are limited and will be allocated on a first come first serve basis. Do contact Helen or Tim if you are interested.

Falls Prevention talk by Age UK, 1.30 -2.45, 17th September 2024

As we get older, or if we develop health problems, lots of us may start to feel a bit unsteady on our feet and become worried about falling. The good news is there are lots of things you can do to stay steady on your feet and prevent falls. Come along and find out more.



WHAT ARE WE WORKING TOWARDS NEXT?

Getting to know our local community better

It's important to us that we understand what's happening in our community, and we can all support each other in the Chesterfield and North East Derbyshire area.

Do check events coming up in The Hub on Tuesday afternoons for talks by local community organizations and spaces. If you would like to help the Community Signposting Team with improving the information we have in the space then do come along to speak to them on Thursday afternoons between 12 -12.30.

Improving our space

The most popular suggestions for our next exhibition in The Hub are "Chesterfield, our Community" and "Autumn"! How exciting! So do get talking to your groups about what you could create, based on either or both of the themes, and get making away! We can't wait to see it come together into it's collective magic! All entries need to be submitted to Helen by Thursday 5th September 2024.

If anyone is interested in taking a lead with creating some engaging feedback and task jars or boxes then do come and speak to Helen or Seema.

We have a meeting with the university on 13th August about supporting Student Nurses to learn from our community. They can hopefully help out with any support the groups need and with welcoming people too! Watch this space! Will update as soon as we know more!

Sharing our space

We have listened to feedback from our volunteers and ordered T-shirt's with "Hub Team" on to help them to be more identifiable to newcomers. Hopefully they will be ready soon.

We plan to improve the window and showcase our creativity to newcomers who may be interested in the activities we offer

You will notice new postcards we can give out to public areas which advertise The Hub to attract more newcomers -do take some and share them!

GETTING MORE INVOLVED

Do sign our petition against proposed funding cuts to the charity sector.

Our existing volunteers have been helping us to improve our information and support for new volunteers. Everyone has been amazing! You can see it on our website, and we have a new volunteer handbook and group facilitator guidance. Our next training event for volunteers is on Saturday 17th August.

Do speak to Helen if you're interested in volunteering too.

